

FSC 2026: Session: 1: COACH evaluation sheet for TEAM: WLVM

Coachinfo: Warming up from: 08:00 until 09:15. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 100M BREASTSTROKE MEN **Heat:6, starttime: 10:30**

Heat: 6/9 Lane : 3 Athlete: HOLLAND MATTHEW **Q-time: 01:07:40**

PB (50m pool): **PB (25m pool):** **SB:**

	5 0 M	1 0 0 M	
PB			
	

Coach feedback:

Event number: 9: 50M FREESTYLE MEN **Heat:7, starttime: 11:19**

Heat: 7/12 Lane : 1 Athlete: HOLLAND MATTHEW **Q-time: 00:24:93**

PB (50m pool): **PB (25m pool):** **SB:**

	5 0 M	
PB		
	

Coach feedback: